

Your Appointment is:

Date: _____

Time: _____

**Please arrive 15 minutes early.
Read patient information below.**

Patient: _____ Birth date: _____

Address: _____ Patient phone: _____

City: _____ Postal Code: _____

Gender: M F Pregnant: Y N PHN: _____

Physician: _____ Physician number: _____

Physician address: _____ Physician signature: _____

Copies to: _____ Payer: MSP WCB SELF OTHER

Pertinent History

Previous Bone Densitometry <input type="checkbox"/> Yes <input type="checkbox"/> No	Location	Date
Previous Lumbar Spine X-Rays <input type="checkbox"/> Yes <input type="checkbox"/> No	Location	Date

Examination Requested Please check the appropriate indication

SCREENING BONE MINERAL DENSITOMETRY (BMD)

- Payment is the responsibility of the patient. BMD is NOT insured for:
- Routine screening of men and women less than 65 years of age
 - Part of routine screening around time of menopause
 - Investigation of chronic back pain
 - Investigation of exaggerated dorsal kyphosis

DIAGNOSTIC BMD

BMD is only indicated if it is likely to alter treatment and is considered an MSP insured service for patients with moderate or higher risk of fracture, as outlined in the Osteoporosis Guideline at www.bcguidelines.ca. The risk can be determined using the FRAX calculator at www.shef.ac.uk/FRAX

- Risk factors include:
- Age > 65
 - Previous fragility fractures
 - Having a parent with fractured hip
 - Current smoking
 - Rheumatoid Arthritis
 - Glucocorticoids
 - Secondary Osteoporosis
 - Alcohol consumption > 3 units/day

Check One:

- Moderate Risk (10 - 20% 10 year fracture risk)
- High Risk (>20% 10 year fracture risk)
- Recent Hip Fracture
- History of Fragility Fracture

Follow-Up BMD Measurements

There is insufficient evidence to recommend testing frequency for patients not taking OP medications. For patients on OP medications, repeat BMD exams are not justified based on current evidence and not considered medically necessary prior to 3 years after the original measurement and only if it is likely to alter patient management.

The following exceptions may apply:

- Patients receiving ≥ 7.5 mg prednisone daily, or its equivalent for 3 months consecutively who require a baseline examination and repeat scans at 6 month intervals while on treatment.
- Patients in whom an early exam may be indicated: moderate and high risk patients on OP medications with multiple risk factors and test is likely to alter patient management.

Patient Information

Location:

MedRay Imaging is located in the Gordon Professional Centre which is at Gordon Avenue and Christmas Way in Coquitlam. This is one block south of the Lougheed Highway, and one block west of Westwood Street.



Parking:

Pay parking is available adjacent to Gordon Professional Centre.

Exam Preparation

- please wear pull-on pants
- do not take calcium supplements 24 hours before your exam
- women do not wear an underwire bra