

Your Appointment is:

Date: _____

Time: _____

**Please arrive 15 minutes early.
Read patient information below.**

Patient: _____ Birth date: _____

Address: _____ Patient phone: _____

City: _____ Postal Code: _____

Gender: M F Pregnant: Y N PHN: _____

Physician: _____ Physician number: _____

Physician address: _____ Physician signature: _____

Copies to: _____ Payer: MSP WCB SELF OTHER

Examination Requested Please check the appropriate indication

Screening Bone Densitometry

This is not an MSP insured service; payment is the responsibility of the patient.

Diagnostic Bone Densitometry for Women

Covered by MSP but an indication **MUST** be checked. Indication is as defined in the Bone Density Measurement in Women, Medical Services Commission and BGMA, May 1, 2005.

*Appropriate indications: BMD is only indicated if it is likely to alter treatment and is considered an MSP-insured service if there is **one major or two minor** risk factors for osteoporosis.*

Major Risk Factors	Minor Risk Factors
<input type="checkbox"/> Age ≥ 65 years	<input type="checkbox"/> Weight < 57 kg
<input type="checkbox"/> Low trauma vertebral compression fracture	<input type="checkbox"/> Low dietary calcium intake
<input type="checkbox"/> Family history of osteoporosis fracture	<input type="checkbox"/> Excessive caffeine intake (e.g. >4 cups coffee/day)
<input type="checkbox"/> Low trauma fracture over age 40	<input type="checkbox"/> Smoking
<input type="checkbox"/> Current systemic glucocorticoid therapy of > 3 mos duration	<input type="checkbox"/> Excessive alcohol intake
<input type="checkbox"/> Malabsorption syndrome	<input type="checkbox"/> Short term weight loss > 10% from weight at age 25
<input type="checkbox"/> Primary hyperparathyroidism	<input type="checkbox"/> Chronic anticonvulsant therapy
<input type="checkbox"/> Hypogonadism	<input type="checkbox"/> Chronic heparin therapy
<input type="checkbox"/> Early menopause (before age 45)	<input type="checkbox"/> Rheumatoid arthritis
	<input type="checkbox"/> Past history of clinical hyperparathyroidism

For Males

Other situations where information on bone density is considered essential to decisions about therapy.

Follow-up Bone Density Measurements

The use of BMD follow-up measurements is controversial. In general **they are not considered medically necessary prior to two years** after the original measurement and only if it is likely to alter patient management. The following exceptions apply:

- In patients receiving ≥ 7.5 mg prednisone daily or its equivalent for three months consecutively (who may require repeat scans at up to six month intervals while on treatment).
- in patients with existing fractures or with very low bone density in whom an earlier examination may be indicated.

Patient Information

Location:

MedRay Imaging is located in the Gordon Professional Centre which is at Gordon Avenue and Christmas Way in Coquitlam. This is one block south of the Lougheed Highway, and one block west of Westwood Street.



Parking:

Pay parking is available adjacent to Gordon Professional Centre.

Exam Preparation

- please wear pull-on pants
- do not take calcium before your exam
- women do not wear an underwire bra